

Cat Jones

Call: 2021







Cat Jones draws on 15 years of international humanitarian experience to inform her growing multidisciplinary practice across public, civil and criminal law.

Before coming to the Bar, she worked in conflict zones in Africa, the Middle East and Central Asia for organisations including UNICEF, the International Rescue Committee and the Nike Foundation. Her work focused on humanitarian protection, human rights, and the rights of women and girls.

Since successfully completing pupillage with Christian Howells and Rebecca Harrington, Cat has appeared in several high profile cases and has built a strong reputation in inquests, public law, the court of protection and crime. Her background makes her especially well-suited to cases involving vulnerable individuals, state accountability, and cross-cultural issues.

She is a fluent Welsh speaker, and has intermediate Spanish.

Expertise

Court of Protection & Community Care

Cat has a busy Court of Protection practice, with experience in health, welfare and deputyship matters on behalf of public bodies and individuals lacking capacity. She regularly appears before Tier 3 Judges in complex matters including vaccination, sexual capacity, contact arrangements and in respect of individuals with fluctuating or borderline capacity. Cat is familiar with social service and NHS functions in relation to complex care, best interest decision making and safeguarding and acts in cases involving a range of mental and physical health presentations including acquired injury.

Public & Administrative Law

Cat regularly acts in public law matters, particularly those involving health, education and social care. She has experience in judicial review proceedings and accepts instructions from local authorities, health boards and individuals. Her background in international human rights

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supports her ability to navigate complex issues of accountability and public interest. She particularly accepts instructions in education law, including school exclusions and IDP / EHCP appeals. Her work often involves issues of disability, discrimination and the rights of children and young people.

Inquests & Inquiries

Cat accepts instructions in complex and high profile inquests representing both families and public bodies. She is known to work well with younger clients in difficult circumstances and is well equipped to deal with families experiencing loss. She spent 5 months in 2024 as part of a team representing families of the bereaved in the UK Covid Inquiry.

Civil

Cat has experience representing both claimants and defendants in civil matters and is developing a practice in property disputes and contractual claims. She brings a practical and effective approach to cases involving individuals and small businesses.

She also accepts instructions in personal injury matters and has experience acting for both claimants and defendants. Her work includes road traffic accidents and occupiers' liability claims, often involving vulnerable individuals or sensitive circumstances. She brings a practical, empathetic approach, backed by her broader civil and public law experience.

Crime

Cat appears regularly in Crown Courts across South Wales. She was instructed as disclosure junior in a high profile murder case for five months and has since gone on to conduct jury trials for both prosecution and defence particularly in violent offences. She is praised for her pragmatic approach, sound judgment and ability to quickly get to the heart of a case.

Appointments

• CPS Level 2 Prosecutor

Education

- Bar Professional Training Course, Cardiff University
- Graduate Diploma in Law, Cardiff University
- LLM Human Rights School of African and Oriental Studies, University of London
- LLB Law, Coventry University

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Languages

- Welsh (fluent)
- Spanish (intermediate)

Memberships

- Criminal Bar Association
- Court of Protection Bar Association
- The Honourable society of the Middle Temple

Notable and reported cases

- R v M, Cole & Williamson
- R v Tanya Nasir
- Inquest touching upon the death of Christopher Kapessa
- The UK Covid Inquiry

Privacy Policy

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